



The Cancer Recovery Pyramid – Medical Resource #2

Become an E-patient

A wealth of cancer information is available online that can help you become an informed healthcare consumer. You can turn to the internet to research your diagnosis, understand your treatment options, and connect with other patients with a similar diagnosis.

Here are a number of helpful internet resources:

Cancer Recovery Foundation
cancerrecovery.org

Cancer Recovery Foundation is rooted in the belief that surviving cancer requires caring for the whole person. The Foundation's website explains its award-winning holistic cancer recovery protocol, which emphasizes medical care, nutrition, attitude, exercise, support and spirituality.

National Cancer Institute
cancer.gov

If you want technical and medically focused information, the National Cancer Institute is your source. You will find extensive cancer statistics plus information on virtually all cancer diagnoses, conventional treatment options, genetics, clinical trials and ongoing research.

Mayo Clinic
mayoclinic.com

The world-famous Mayo Clinic has an excellent website for patients and healthcare professionals. Under the "Patient Care & Health Info" tab, you will find information presented in patient-friendly language on symptoms, diseases and tests.

Cancer Treatment Centers of America
cancercenter.com

When it comes to actual cancer treatment, Cancer Treatment Centers of America provides patients with options that few others do. Visit the website and contact the organization to determine if their cancer treatment services are right for you.

DARTMOUTH ATLAS OF HEALTH CARE
dartmouthatlas.org

Using Medicare data, Dartmouth Atlas presents analysis on individual hospitals and their affiliated physicians across the country. Visit this site to determine where your health facilities and providers rank compared to best-practice standards.

HealthGrades
healthgrades.com

HealthGrades is a comprehensive physician rating and comparison database. The site rates doctors and hospitals based on quality and outcome data. Visit this site to research the quality of your healthcare providers and search for other providers in your area.

Breast Cancer Charities of America
thebreastcancercharities.org

The Breast Cancer Charities of America empowers men and women to become pro-active in preventing breast cancer and, if diagnosed, surviving the disease. Visit this site's education portal to view videos on exercise, detection, support systems and treatment.

**CANCER RECOVERY**
FOUNDATION
www.CancerRecovery.org